
 **Beautiful Green Water Trip**
- Explore the Unexplored
in the Osugidani Valley -


The Osugidani Valley in Odai, which is on the list of the UNESCO's Biosphere Reserves, is one of the most mysterious lands in Japan and is famous for large natural forests. We offer fantastic guided scheduled adventure tour to Osugidani that is a perfect blend of great nature, scenery, clear water and culture.



 **Woodland Ride and Hike**
- Discover The King of Mountain Forest -

It is customary for The Ise Jingu Grand Shrine with a 2,000-year history that all the buildings of the Shrine are rebuilt anew every 20 years in the "Shikinensengu" (periodic shrine reconstruction). The shrine forest in Odai had provided the source of timber for the rebuilding, which was sent all the way down the Miya river to Ise. Our tour takes you to walk along the beautiful green paths in the heart of woods which had formerly been owned by the Moroto family known as "Forest king in Japan" .



 **Scenic Tea Field Cycling with Tasty Teas**

"Tea" is the most popular beverage in Japan and plays an important role in Japanese food culture. In Odai town, every house used to plant teas in their garden or field and made their own homemade tea blends. There are still a lot of fresh green tea fields spreading out the town that have access to the rivers with clear and fresh water. Our guided cycling tour takes you to Odai' s tea plantation areas showing you the Japanese culture and what the Japanese landscape used to be.



Odai Experiences

Guided Water Trip Tours



Bookings

Odai Information



What's on Odai

web-odai.info/fc/



Welcome to Odai

japan.shifteast.com/odai



Odai Town Tourism Association



4 "Sato-yama" rural area



2 Tea field



1 Kumano Kodo Pilgrimage Trail

Odai Town



6 The Osugidani Valley



5 Miyagawa River



3 Forest

expressway	japan railway
station	bus stop
accommodation	restaurant
convenience store	supermarket
souvenir shop	hot spring
public restroom	tourist information



Access



From Osaka (by Train)

Kintetsu Osaka Line – JR Kisei-Honsen
2.5 Hours.

From Nagoya (by Train)

Kintetsu Nagoya Line – JR Kisei-Honsen
2 Hours.

From Osaka (by Car)

Via Meihan Expy/ Route 25 and Ise Expy and Kisei Expy.
2 Hours. 180 km

Via Meishin Expy and Shin-Meishin Expy and Ise Expy and Kisei Expy.
2.5 Hours. 192 km

Via Route 166
3.5 Hours. 127 km

From Nagoya (by Car)

Via Higashi-Meihan Expy and Ise Expy and Kisei Expy.
2 Hours. 128 km